

**BAR FRESKO**

LICENSED CAFÉ OPEN 7 DAYS



Phone Orders 9418 2099

[www.barfresko.com.au](http://www.barfresko.com.au)

Available till 11.30am

## Breakfast

Eggs served scrambled, fried or poached.

White or wholemeal toast

Sourdough (country white or soy & linseed), turkish bread **\$1** or gluten free bread **\$2**

- Fresko Brekkie...** poached eggs w/ rocket, avocado, hollandaise on toast w/ grilled tomato. **\$23**
- Eggs Royale...** poached eggs w/fresh asparagus, smoked salmon, avo, hollandaise on toast (A) **\$28**
- Eggs Benedict...** poached eggs w/ leg ham & hollandaise on toast w/ grilled tomato. **\$24**
- Eggs Florentine...** poached eggs w/ spinach & hollandaise on toast w/ grilled tomato. **\$24**
- Eggs Salmon...** poached eggs w/ smoked salmon & hollandaise, toast w/ grilled tomato (A) **\$27**
- Big Brekkie...** eggs, bacon, beef sausage, mushrooms, hash brown, grilled tomato & toast. **\$32**
- Vegeroma Brekkie...** eggs, spinach, mushrooms, haloumi, avocado, grilled tomato & toast. **\$27**
- Bacon & Eggs...** eggs, bacon, grilled tomato & toast. **\$19**
- Sausage & Eggs...** eggs, beef sausage, grilled tomato & toast. **\$19**
- Mushroom & Eggs...** eggs, sauteed mushrooms, grilled tomato & toast. **\$19**
- Eggs & Toast...** eggs, grilled tomato & toast. **\$14**
- Ricotta Sourdough Toast...** w/ ricotta, honey and cinnamon. **\$16**
- Bacon & Egg Roll...** w/ BBQ or tomato sauce. **\$12**
- Avocado Smash...** on sourdough with mint, feta & lemon. **\$18.5**
- Zucchini Pancakes...** w/ bacon, avocado, tomato salsa, melted cheese & balsamic glaze. **\$28**

- extras... \$2** - baked beans, fried onion, grilled tomato.
- \$3** - bacon rasher, egg, hash brown, beef sausage, spinach, avocado.
- \$4** - sauteed mushrooms, haloumi.
- \$6** - smoked salmon (A)

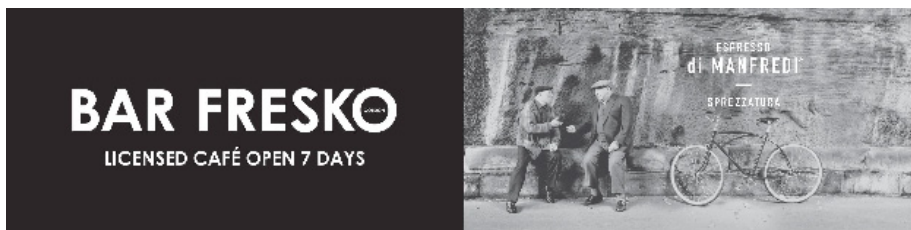
## Omelettes

All served w/ grilled tomato &amp; toast

White or wholemeal toast

Sourdough (country white or soy & linseed), turkish bread **\$1** or gluten free bread **\$2**

- Brekkie Omelette...** w/ bacon, mushrooms, shallots & cheese. **\$27**
- Salmon Omelette...** w/ smoked salmon, baby spinach, avocado & cream cheese (A) **\$30**
- Greco Omelette...** w/ mushrooms, feta, tomato & baby spinach. **\$27**
- Mexican Omelette...** w/ avocado, tomato, Spanish onion, coriander, cheese & a hint of chilli. **\$28**
- Omelette...** w/ three toppings of your choice. **\$27** (smoked salmon [A] **add \$6**)



## Farmer Jo Muesli

Served w/ natural greek style yoghurt OR milk, berry compote & organic honey. \$18

\*Burnt fig & almond toasted muesli.

\*Twice baked honey granola w/ pistachio & quinoa.

## Pancakes & Waffles

Double stack served with cream or ice cream

### Homemade Pancakes...

\*Maple syrup. \$18

\*Flamed mixed berries & maple syrup. \$21

\*Fresh banana & maple syrup. \$21

### Belgian Waffles...

\*Maple syrup. \$18

\*Flamed mixed berries & maple syrup. \$21

\*Fresh banana & maple syrup. \$21

## Toast & Breads

\*vegemite | \*jam | \*peanut butter | \*marmalade

Plain Toast (2)... white or wholemeal. \$5.5

Gluten Free (2)... \$8

Turkish Toast (2)... \$8

Sourdough Toast (2)... white or soy & linseed. \$8

Cinnamon Toast (2)... white or wholemeal. \$7

Thick Raisin Toast.. \$4.5 (1 slice) - \$8 (2 slices)

Thin Raisin Toast.. \$3.5 (1 slice) - \$6 (2 slices)

Banana Bread... \$6.5

Pear & Raspberry Bread... \$7

Mango & Coconut Bread... \$7

Fruit & Nut Bread... \$7

Ricotta Sourdough Toast (2)... w/ ricotta, organic honey & cinnamon. \$16